

OLD TAPPAN VOLUNTEER COACHES

Choose one of the following 2 options to be certified to coach in Old Tappan Recreation

Option 1	Option 2
<p>USSoccer certification (virtual/free own time schedule includes Concussion Awareness Certification) Renewed Annually</p>	<p>Rutgers Safety Course (in-person cost) 6 hours Lifetime Certification</p>
<p>Background Checks & Fingerprinting</p>	<p>Background Checks & Fingerprinting</p>
<p>Concussion Awareness Certification Included in above certificaiton</p>	<p>Concussion Awareness Certification HEADS UP to Youth Sports: Online Training for Coaches - CDC TRAIN - an affiliate of the TRAIN Learning Network powered by the Public Health Foundation (30 minutes)</p>
<p>Model Athletic Code of Conduct</p>	<p>Model Athletic Code of Conduct</p>

Steps to Complete Option 1

1. Sign up <https://learning.ussoccer.com/> and create a profile
2. **REQUIRED FREE TRAINING**
 - a) Under your profile go to Coaching Education and complete **(FREE) Introduction to Grassroots Coaching** - 20 minutes.
 1. Player centered coaching
 2. Structure of the game
 3. Moments of the Game
 4. Coaching philosophy and approach introduction
 5. Introduction to how to build a practice Play-Practice-Play and guided questions
 6. Being Reflective
 - b) Under your profile Goto *Safeguarding* and complete (FREE) **Introduction to Safe and Healthy Playing Environment** – 30-40 minutes **REQUIRED**
 1. Understanding and knowing how to react to emergencies is an important part of our responsibility as leaders in the sport. This training will help you identify and respond to common issues that occur on the field; it is good for one year from the date of completion. Click the red button to launch the training.
 2. Cardiac arrest, Concussion, Weather, hydration

- c) Under your profile Goto *Safeguarding* and complete (FREE) **Safesport Certifications** – 90 minutes
 1. The course also includes the 90-minute SafeSport module, as well as the Introduction to Safe and Healthy Playing Environments module.
 2. This includes
 - i. SafeSport Core Training (90 min) - emotional, physical, and sexual abuse prevention
 - ii. U.S. Soccer’s Safe & Healthy Environments (30 min) - recognizing and responding to emergencies, especially those that relate to physical health
 - iii. Positive Soccer Environments, in partnership with Positive Coaching Alliance (30 min) - identifying a positive soccer environment, the benefits of creating a positive setting, and tangible tools to nurture a healthy team environment
3. **Take a screenshot of your Profile Page and submit to Gloria Weisner at recdirector@oldtappan.net**
4. Continue optional online coaching classes from US Soccer
 - a. Go to Coaching Education – Online courses and take online – 4v4, 7v7, 9v9 or 11v11 (cost \$20 each)

REQUIRED

Background and Fingerprinting

NEW PROCESS FOR FINGERPRINT BACKGROUND CHECKS:

1. Click on the following link and follow the instructions to make an appointment - [Click here for IdentoGO](#)
2. You will need be on the page for: 2F1J3Y - NJ Youth Serving Organization Volunteer YSB-State/Fed
3. You will be asked to input the Contributor's Case #:
4. Our Contributor Case # is- B06005
5. Fee for prints is now: \$24.05
6. **REMINDER:** A photo ID is required at the time of fingerprinting!!!
7. **IMPORTANT:** When you have had your fingerprints taken, please email recdirector@oldtappan.net with the date of your appointment.

Model Athletic Code of Conduct:

Volunteer candidates must read and acknowledge the Old Tappan Code of Conduct.

CLICK HERE to view and print this document. Sign, date and email to recdirector@oldtappan.net