

# MAYORS WELLNESS OF OLD TAPPAN

## Wellness Talk #7

### SPEAKERS

**Dr. Shahan Sibtain**

CHIEF PSYCHIATRIST AMBULATORY SERVICES &  
ASSOCIATE RESIDENCY PROGRAM DIRECTOR



**Dr. Pajtesa Kukaj**

THIRD-YEAR PSYCHIATRY RESIDENT AT  
BERGEN NEW BRIDGE MEDICAL CENTER



### TOPIC

**Anxiety and  
Depression**

### TIME & LOCATION

**Thursday, 6/15 @ 6pm**

OT FIREHOUSE: 231 OLD TAPPAN  
ROAD, OLD TAPPAN

[www.mayorswellnessoldtappan.com](http://www.mayorswellnessoldtappan.com)