



NEW JERSEY HEALTH CARE
QUALITY INSTITUTE

**Quality Institute Announces Mayors Wellness Campaign
2023 New Jersey “Healthy Town” Winners**

Borough of Old Tappan, 2023 Healthy Town to Watch

The Borough of Old Tapan has received a silver Healthy Town to Watch designation for the second year in a row. The borough offers a variety of opportunities for residents to increase their knowledge and understanding about important health topics affecting the community. Working with local leaders, the MWC hopes to continue its mental health work.

“We are honored and very proud that Old Tappan has been recognized as a 2023 Healthy Town to Watch by the Quality Institute. This recognition is largely due to the hard work and initiative of our Mayors Wellness Committee. The goal of our committee is to promote health-forward programs to support Old Tappan residents and to improve their fitness and nutrition while strengthening our community,” said Mayor John Kramer. “Working with our community partners, we’ll strive to provide programs and events for all our residents to empower them to improve health outcomes in the Borough of Old Tappan.”