

OT MAYORS WELLNESS CAMPAIGN PRESENTS...

# MENTAL HEALTH BOOK CLUB



Tuesday, Feb 25th



7pm -- 8pm



Old Tappan Library  
56 Russell Avenue

Book:

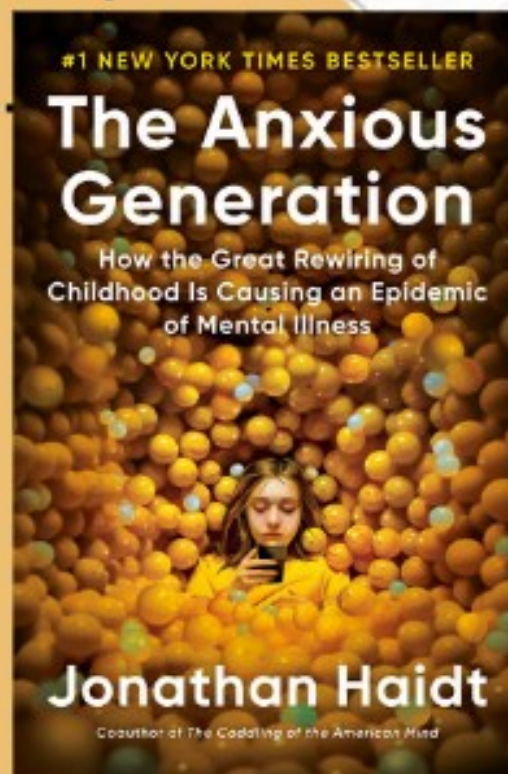
## The Anxious Generation

Discussion will be led by Mr. Brian  
Greco, Clinical Social Worker/Therapist  
and Dr. Rubina Bhatia

Sign up using this link:

[HTTPS://BCCLS.LIBCAL.CO  
M/EVENT/13193333](https://bccls.libcal.com/event/13193333)

*Even if you have not read  
the book, feel free to join  
our general discussion on  
mental health!*



Copies  
available  
at OT  
Library!!